



Session sponsored by



And is dedicated to the memory of my mother, Dr. Elaine Pierre

Your Name Is a Song

Clinician

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Celebrate the beauty of diversity through children's literature. Participants will deeply explore what is meaningful to them about their names as a pathway into the world of "Your Name Is a Song" by Jamilah Thompkins-Bigelow.

Inspire your students to see the beauty in each person's name.

Warm Up- Exploring Kinesthetic Awareness

Recording: Frigg - Return from Helsinki

- Carefully choose a recording, pitched and or unpitched instrument(s) or perform this experience without music.
- Use a Hoberman sphere for mindful breathing, and to help students connect their breath to movement.
- Lead students into an exploration of body parts and shapes as an artistic musical instrument in space
- Visibly observe students by stopping and walking around to inspire them to explore more and to lessen imitation.
- Students may lead/model the exploration.
- Students explore movements as whole group, independently and or in small groups

Suggested teaching process:

- *Have students create a simple movement to represent their name*
- *Have students explore and refine their movement*
- *Students form a line, semicircle or circle and take turns teaching their name and movement to the class in order of the formation. For an example, the first students will share their name and movement, the rest of the class will imitate, the next student will share their name and movement, the rest of the class will imitate (repeat this sequence)*
- *Have students perform their names in order with the choreography and then with JUST the choreography(without saying their names)!*
- *Add pitch/unpitched instruments, recorded accompaniment, or create a rondo.*

